



FRIENDLY NEWS

*The Friendly Garden Club
of Traverse City*

April 2017 NEWSLETTER

MEETING INFO....

When: April 25, 2016
10:15-11:15 Board Meeting
11:30-12:30 Lunch
12:30 Program
1:15-2:00 Business Meeting

Where: Career Tech Center
880 Parsons Road, Traverse City

What: Meal provided by World Class Cafe

Who: Students at Career Tech Center

Program Coordinator: Jill Burleson



News bite from our President...

April 2017

And this our life, exempt from public haunt
Finds tongues in trees, books in running brooks,
Sermons in stones and good in everything.

-William Shakespeare



Hello Spring and Welcome Back Friendlies!

Each spring is the season of new beginnings for our Friendly Garden Club. Again we will work together to bring our individual gifts to enrich our community through our projects, gardens, and grants for 2017.

- April Membership Meeting/Luncheon @ Career Tech Center, 880 Parsons Road, @ 11:30
- “Drop in the Bucket”, the FGC and the NGC have partnered with Global Partners Running Waters Inc., a nonprofit organization working in cooperation with the United Nations, to increase access to safe water in Latin America. Donations made through the FGC will help bring safe drinking water to villages. A bucket will be at the welcoming table at each meeting where members can drop their loose change in 😊
- MGC 86th Annual Convention, June 7-8, Ann Arbor, more information and registration forms available on our web site
- Not too early to consider being an officer for 2018-19 FGC, if you are interested or want to find out more about being an officer, contact Jill Stiltner, Nominating Committee Chair
- All FGC Members please read and be aware of our 2017 BOARD MEETING “PILOT PROGRAM”

NEW BIT TO PONDER...



2017 BOARD MEETING “PILOT PROGRAM”

(I would like to begin with a reference to an article from November 2016, pages 11-12, NGC KEEPING IN TOUCH, written by Robin Pokorski, Chairman, LEAP INTO LEADERSHIP! CHANGE.)

“I know it’s hard. I’ve been in a garden club going on 30 years, I find myself saying, Wait, what’s wrong with the way we’ve been doing it? I know if it ain’t broke, don’t fix it but sometimes there are better ways, newer techniques, faster means we could embrace and benefit from. Remember the corporate tenet of change, hear out the idea and then ask, what’s the worst that could happen? What’s the best that could happen?”

The FGC Executive Board is too large, just by making a few simple changes we can streamline our Board and still continue to make it a friendly environment that will be productive, enjoyable, and happy. New members, younger members, and “our” members want short meetings and productive meetings, want to learn, support good causes, and belong to an organization that promotes being good stewards for our environment. Doesn’t this sound like what we all want for our Friendly Garden Club?

For 2017 we will try:

- All 9 Officers will attend all Board Meetings scheduled along with 2 Standing Committee Chairs also in attendance, that are scheduled, making a quorum of 11, which is 51%, which is required for an official meeting to conduct business
- All Committee Chairs will put their reports in our newsletter, and report at the Membership Meeting, only if needed, by letting the President know (the Friday before the Board Meeting so that Chair is on the Agenda)
- It is important to emphasize that any Committee Chair needing to be on the agenda to speak at a Board Meeting regarding something that

requires a timely vote should please notify the President so that she is able to confirm attendance of required Board Members for the vote

The 2017 Board Meeting change is a “Pilot Program” that we will try for one year to see how it works. We will take note of any things that come up, both positive and negative. We will review all information and move forward with an Amendment to our Constitution and By-Laws, if warranted, with a 2/3’s majority vote at both the Board and the Membership Meetings, as per our Constitution. The minutes of the Executive Board Meetings will be communicated via email to all the 2017 Board Members.

Together we can “Joyfully” ignite positive changes in our Friendly Garden Club. The April Board Meeting:

WHERE: Career Tech Center, 880 Parsons Road

WHEN: 10:15 – 11:15, April 25

PARK: Visitor’s Parking by Flagpole

Suzi,

Growing the Future – Love Blossoms & Joy Abounds

FIRST VICE PRESIDENT news bite...

Sue Mrowczynski
Nothing to report this month.

SECOND VICE PRESIDENT news bite...

Beth Mulac
Nothing to report this month.

CORRESPONDING SECRETARY news bite...

Dorothy Cain
Nothing to report this month.

HISTORIAN news bite...

Terry Harding

The archivist at the TADL has indicated she has help in archiving our materials. For this reason I am asking all who have borrowed any materials to please return them to Amy Barritt at the Library. Also, any new materials that have been generated should be turned over to the Library so they may be included in our collection. Recently there was a request from someone who wanted to write an article about women who contributed to the community.

Unfortunately some of the materials were unavailable to her, so we definitely want to remedy this. If you are unable to return them to the Library, please give them to me and I will see that they are placed where they belong.

Terry



TREASURER news bite...

Arlene Beall



I will be collecting dues and passing out yearbooks at the April meeting.

Dues are \$20.00 for active members and \$25.00 for inactive members.

RECORDING SECRETARY news bite...

Vicki Slawnik

Nothing to report this month.

1) CIVIC BEAUTIFICATION COMMITTEE news bite...

Sue Mrowczynski, Chair

Make sure to mark your calendars!

May 31, 2017 - Planting the Logo Garden

June 1, 2017 - Rain date for planting



2) ENVIRONMENT COMMITTEE news bite...

Dorothy Cain, Chair



We will be planting white cedar, red twig dogwood, and possibly a nine-bark on Arbor Day (April 28th) at 10 AM. We are planting the trees and bushes along the section of the TART trail between Oryana and Boardman Lake bridge. I will park at Oryana and walk east on the TART trail. It's very close. I'll make sure we get lots of pictures.
Connie

3) FINANCE COMMITTEE news bite...

Susan Kuschell, Chair

Nothing to report this month.

4) HORTICULTURE/FLOWER ARRANGING COMMITTEE news bite...

Cathy Hamilton, Jane Weldon, Co-Chairs

The Flower Show Committee has been working diligently on preparations for the Flower Show and the program scheduled for April 25. We were slowed down a bit by illness, surgeries, broken legs and winters in Florida but with a little help from the "Friendlies" I'm sure everything will get done on time.

At our meeting on 4-25 we will distribute the corrected schedule pages we discovered on 3-28. The Committee will also be bringing in examples of various exhibits that are appropriate for the show along with entry tags and numbers. That will also be the best time to register for the design classes and the horticulture classes that require it.

There will be a time to answer questions as well as signup for classes and to help put on the show. Areas we need help with are as follows:

1. Someone to make a banner (by hand or computer) that says "Blossoms by the Bay" to hang inside the building.
2. We need someone to make about 400 fliers to put in nurseries, florists shops and the visitors centers.
3. And someone to make about 20 simple posters to distribute as appropriate.
4. Someone to make small, single fold computer signs to mark sections of the show and label each section.



5. Judges are not allowed to be paid but it is tradition to give a token of our appreciation. Back when I was judging I received a set of two hand embroidered tea towels, a small plant in a handmade basket, homemade jams and jellies and another time it was pretty note paper and pen. We have 12 judges this year and a limited budget but I'm sure someone out there can do it!

6. We need 6-8 'friendlies' to staff the show on Friday, June 23rd when it is open to the public. The hours worked can be decided by whoever signs up. See Marilyn Burdine.

7. Bunches of people who like making things look pretty. In other words, to do the staging of the hall so it expresses our theme of "Blossoms by the Bay".

8. We need a simple guide book to help the public know what they are looking at Friday when they tour the exhibits.

If you have any questions about the above, feel free to ask about them at the April 25th meeting. Cathy Hamilton, Jane Welden, Co-Chairs

5) GARDEN WALK 2017 COMMITTEE news bite...

Cathy Spanski, Candace Petersen, Co-Chairs

Our April 24th Garden Walk meeting will be at the Traverse City Visitor's Center. The meeting will run from 11 - 1.

Garden Walk Tickets will be available for purchase at the May Meeting. Please visit the ticket table and pick up and pay for your tickets. This year, each member is required to purchase 4 tickets at \$10 each.



6) JUNIOR GARDENING news bite...

Susan Kuschell, Chair

May 20th is our Annual Plant Sale. If members have plants they are separating from their gardens please donate them to the Children's Garden. You can drop them off at the Pavilion or contact Joan Dibble @231 649 0044 for larger pick ups. We also take garden items for our garage sale table. Tools, books etc. Thank you so much for supporting our area kids. Junior Gardening committee. Susan Kuschell 231 929 0916.



7) MEMBERSHIP COMMITTEE news bite...

Letha Cairns, Tracie MacPherson, Co-Chairs
Nothing to report this month.

8) NEWSLETTER news bite...

Anita Scussel, Editor
Nothing to report this month.

9) PROGRAM COMMITTEE news bite...

Sue Mrowczynski, Chair
Nothing to report this month.

10) PUBLICITY COMMITTEE news bite...

Sue Soderberg, Chair

Since we will be meeting in Leelanau County I will be trying to get more information into The Leelanau Enterprise so if you receive this paper please look for and save articles for me. Again please let me know, in advance, when you are having an event that you would like covered in the paper or on the news. Please cut out and save any articles that you see for The Friendly Garden Club. (I need the full page so that it has the date and name of the news source.)



11) WAYS & MEANS COMMITTEE news bite...

Terry Harding, Marellene Morrell, Co-Chairs
Committee members met on the 18th and plans were finalized for geranium pick-up day. This is a reminder that geraniums will be available for pick-up May 17th from 9:30 to 4:00. Please remind any friends who ordered of this date and time and place. Also, there will be additional plants for sale that can be used as fillers in your containers. They are Asparagus Ferns, Spikes and Vinca Vines. All are priced at \$3 a pot and may be purchased the day of pick-up. No previous order is necessary as these plants will be for sale on a “first come, first served basis”.
Marellene and Terry



12) WEBSITE news bite...

Stephanie Nelsen, Tech Specialist

For all committee chairs: if there are any dates that you would like me to add to the calendar or any other information, please email me the written information and I will add it to our website.



13) NUTRITION news bite...

Rebecca Jones, Chair

Last year the Garden Club members chose high potency foods as a nutrition topic. Many articles over several years have been written about this subject and opinions have evolved . However, specific foods have continued to be recognized as critical for overall good health for a variety of reasons.

We have all read from various sources the need for fresh fruits, vegetables, nuts, seeds, some dairy, fish and limited lean meats. We have already reviewed the benefits of local organic fruits, vegetables and grass feed beef. The following list includes high value foods that have not dropped from favor over the years.

Mentioned frequently for robust health benefits include:

- Nuts including peanut butter
- Avocado
- Whole grain cereals and breads
- Blueberries
- Apples
- Salmon, wild caught
- Eggs
- Flax seed
- Soy or green peas
- Broccoli or Spinach
- Carrots
- Oranges
- Strawberries (washed thoroughly or organic)
- Garlic and onion
- Green tea or wine



These foods are pure and simple, no processing required . Enjoy some every day !!

Sources: 100 Healthiest Foods to Satisfy your Hunger , Time Health 2017

Food Power ,AARP Sept. 2003

A Perfect 10 Dr. Laura Pawlak Ph.D., R.D. 1998

FRIENDLY BUCKS Update...



New this year is the addition of “Drop in the Bucket” for voluntary contributions of loose change (see the President’s report). We will no longer have need of *Friendly Bucks*. Thank you for your support in the past.
Anita Scussel

SPECIAL MESSAGE...

Dear Friendlies,

Thank you all for your many cards, warm thoughts, prayers and emails during my "winter of chemo". I got along fine until pneumonia hospitalized me for 5 days after my 5th chemo. I was able to complete chemo#6 and I have now been given an "all clear" for which I am most thankful!

I am currently enjoying warm weather, sunshine and regaining my strength with beach walks.

I truly appreciate all the kindness, friendship and love you have shown me during this time.

I'll see you all in May.

Love to you all,

Nancy Rhoadarmer



ALSO...



Dear Friendlies,

What an absolutely appropriate name for a group that provides so much caring and support for its members! Your friendship has never meant more to me than during these last four months since my cancer diagnosis. Your cards, calls, e-mails, and prayers have lifted my spirits, and we all know how much a positive attitude can help during an illness.

Thank you for all your kindness; I am feeling much better and look forward to seeing all of you soon.

Bless your soul! And I hope you had a nice Easter
A grateful Kirsten Ardery

GARDENING TIDBIT...



Four Season Nursery (Brian Zimmerman) located at 7557 Harry's Road, Traverse City (231-932-7400), will be having a Dairy Doo sale April 24-29.

Thanks, Jane Weldon

YEARBOOK updates...

No updates to report.

DATES TO REMEMBER...

Earth Day	April 22
Arbor Day	April 29

MGC & DISTRICT V NEWS...

Don't forget to register for The Michigan Garden Club's Annual Convention. It is being held June 7th & 8th at the Holiday Inn in Ann Arbor. Registrations are due by May 16th. Our very own Janet Hickman will be installed as 1st VP of The Michigan Garden Club. Please come and give her your support. I have agreed to do a second term as District V Director.

District V Director , Sue Soderberg



Birthdays...



04/01	Marellene Morrell
05/01	Candace Petersen
05/08	Laura Swire
05/14	Connie Brown
05/23	Susan Kuschell
05/25	Elaine Armstrong
05/26	Suzann Grazul

Executive Board:

President	Suzi Snyder
1st VP & Program Chair	Susan Mrowczynski
2nd VP & Hostess Chair	Beth Mulac
Recording Secretary	Vicki Slawnik
Corresponding Secretary	Dorothy Cain
Treasurer	Arlene Beall
Historian/Librarian	Terry Harding
Parliamentarian	Cathy Hamilton

Committees:

Civic Beautification	Sue Mrowczynski
Environment	Dorothy Cain
Finance	Susan Kuschell
Horticulture/Flower Arranging	Cathy Hamilton, Jane Weldon
Garden Walk	Cathy Spanski, Candace Petersen
Junior Gardening	Susan Kuschell
Membership	Letha Cairns, Tracie MacPherson
Newsletter	Anita Scussel
Programs	Sue Mrowczynski
Publicity	Sue Soderberg
Ways and Means	Terry Harding, Marellene Morrell
Website	Stephanie Nelsen
Yearbook	Jean Spagnuolo

Ad-Hoc Committees:

Honor's Luncheon	Nancy Rhoadarmer, Kay Stehouwer
Nutrition	Rebecca Jones